ANNUAL REPORT

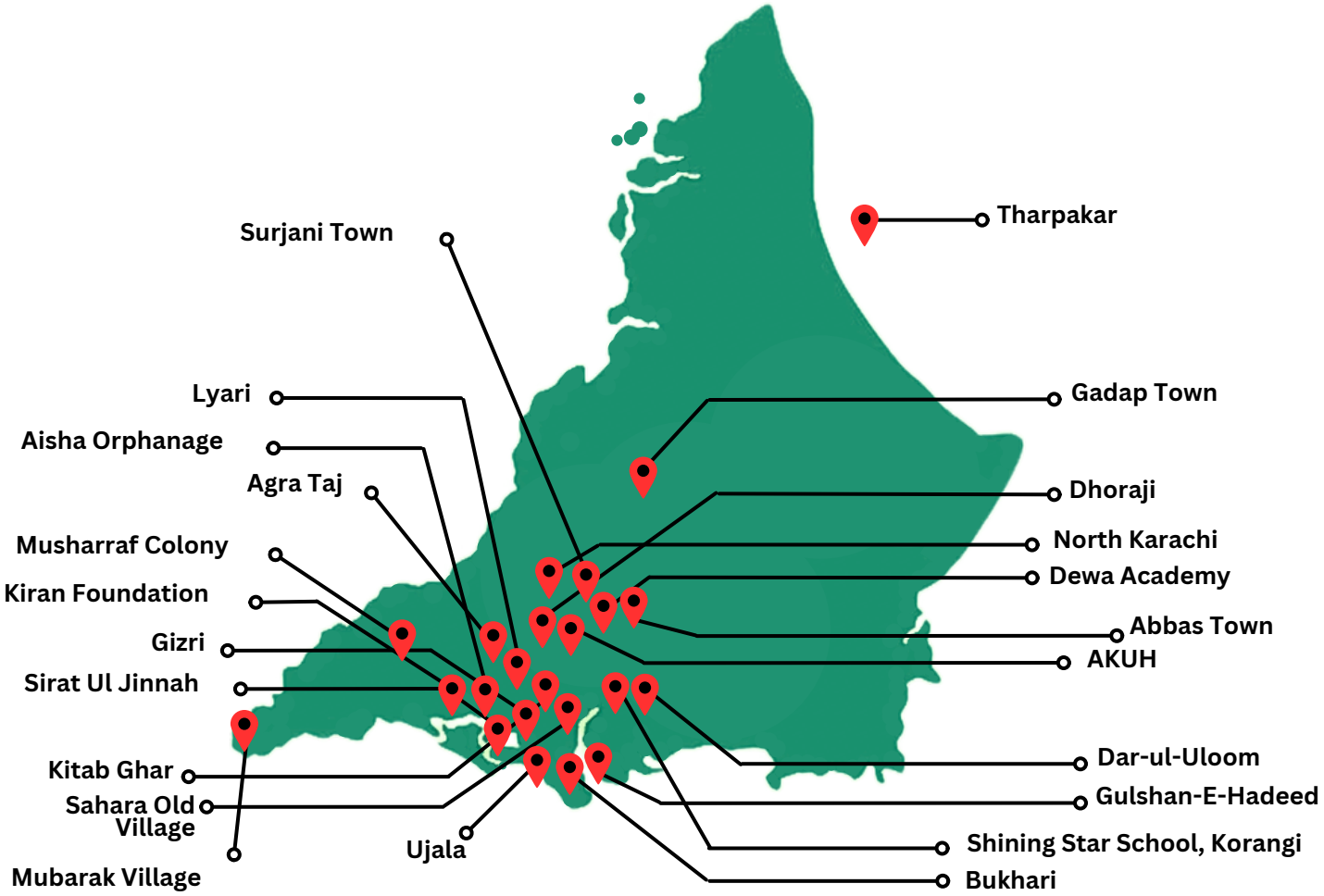
Volume 4



HUMANITY INITIATIVE

2025

IN 2025
WE HAVE OPERATED ACROSS 23 LOCATIONS



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MISSION STATEMENT

Humanity Initiative is a not-for-profit, non-governmental organization that aims to increase health literacy and provide medical (or otherwise) assistance to underserved communities in Pakistan by organizing educational and medical camps.



Our vision is a Pakistan where healthcare professionals actively volunteer their time and expertise to uplift the health standards of communities, fostering a stronger and healthier nation.

TIMELINE

A timeline of all the medical camps conducted in 2025:

12th Jan

Agra Taj

260 Patients



2nd Feb

Musharaf Colony

200 Patients



15th Mar

Korangi

150 Patients



16th Mar

Gadaap Town

200 Patients



12th Apr

Ujala Centre

50 Patients



27th Apr

Agra Taj

70 Patients



25th May

North Karachi

100 Patients



20th Jul

Mubarak Village

100 Patients



2nd Aug

Tharpar-kar

400 patients



7th Sep

Aurat March

152 patients



14th Sep

Gadap Town

115 Patients



20th Sep

Abbas Town

194 Patients



11th Oct

Aisha Orphanage

200 Patients



18th Oct

Gulshan-e-Hadeed

200+ Patients



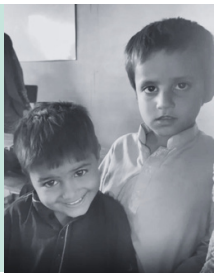
18th Oct

Salma Ghar Lyari

75 patients



STUDENT-LED CLINICS



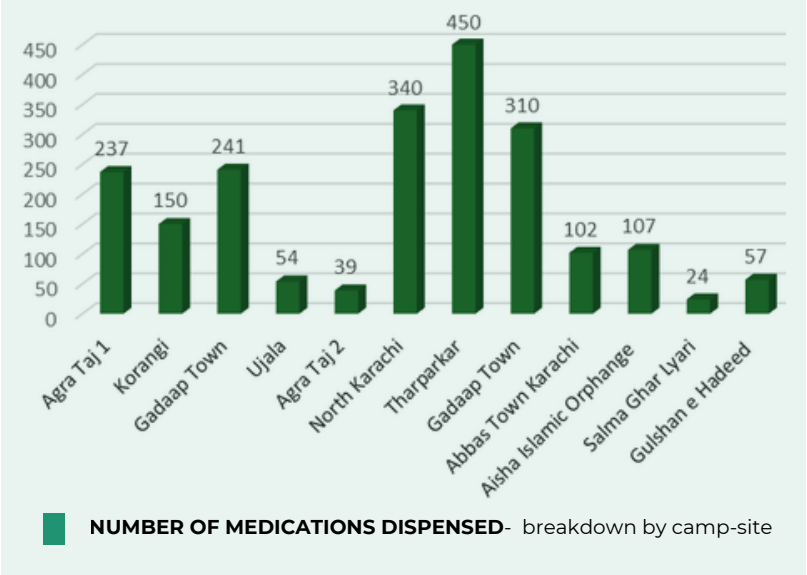
Every month, Humanity Initiative conducts Student-Led Clinics (SLCs) in underserved and vulnerable communities, where teams of medical students, under the supervision of qualified physicians, provide counseling and essential healthcare services across multiple medical specialties. In **2025**, these clinics were conducted in **Mushraf Colony, Korangi, Gadap Town, Ujala Center, North Karachi, Agra Taj, Mubarak Village, Tharparkar, Abbas Town (Karachi), Gulshan-e-Hadeed, Salma Ghar (Lyari), and Aisha Orphanage**. During these clinics, patients received general medical examinations, prescribed medications, and appropriate referrals to hospitals for advanced care when required. In 2025 alone, Humanity Initiative provided healthcare services to **2,039** patients, **with a mean age of 28 years.**

2039
patients managed

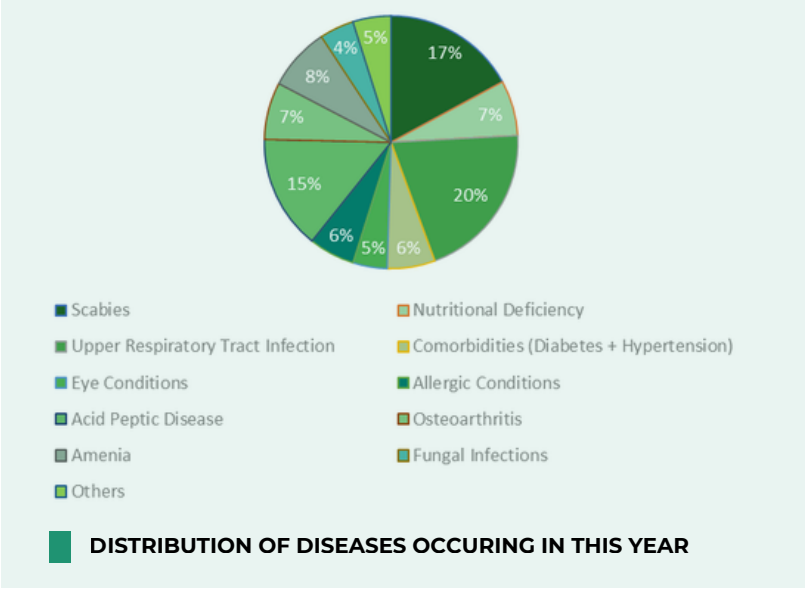
2,365
medications provided

66
referred to specialists

15
SLCs conducted



NUMBER OF MEDICATIONS DISPENSED- breakdown by camp-site



DISTRIBUTION OF DISEASES OCCURING IN THIS YEAR

The most common conditions observed among our patients were **scabies, upper respiratory tract infections and acid related disorders**. Other prevalent health issues included eye conditions, anemia, osteoarthritis and nutritional deficiencies such as calcium, Vitamin D, B12, zinc deficiencies, as well as chronic conditions like diabetes and hypertension. Medications prescribed were tailored to the patients' needs and included NSAIDs, topical treatments such as Scab Free lotion and topical antibiotics, and supplements like zinc and vitamins. Our team provides comprehensive counseling and management for these conditions, ensuring care for patients with co-morbidities. We are grateful to our partners, Pink Detect, SMILES and The Vision Trust, for their continued support in making these student-led clinics possible.













PINK DETECT

Kiran Foundation School

The Humanity Initiative, in collaboration with Pink Detect, organized a Gynaecology and Women's Health Camp at Kiran Foundation at 20th October School, aiming to improve access to essential healthcare services for underserved women.

GOAL

The initiative provided gynecological consultations and a general medical assessment for patients, along with the free distribution of essential medications. Patients who required additional evaluation or treatment were also given on-site referrals for further medical care.

CONTRIBUTION

Through timely screening, six participants were identified with suspected tumors, and each individual was counseled and appropriately guided for further diagnostic evaluation and care.





EDUCATIONAL CAMPS

Ayesha Orphanage Menstrual Camp



On July 12th, HI organized an educational camp on menstrual hygiene at Aisha Orphanage. During this event, girls learned about the menstrual cycle, the proper use of sanitary pads, hygiene practices to prevent infections, how to debunk myths, as well as the importance of tracking menstrual health and recognizing abnormal signs.

Sirat Ul Jannah

We organized a drive that blended traditional celebration with educational innovation. Beyond distributing gifts and conducting hygiene workshops, we successfully piloted our first-ever introductory session on Artificial Intelligence for the children. This forward-thinking addition ensured the event was not only filled with laughter and games but also provided early, interactive exposure to emerging technologies.







Health and Hygiene Awareness Camp at Maidan Carnival

On 26 March, an educational health and hygiene awareness camp was held at Maidan for 40+ women of all ages. The session focused on promoting healthy practices, disease prevention, and overall well-being.

40+
women taught





Nutritional and Maternal Health Awareness Camp at Mubarak Village

On 20 July, a nutritional and maternal health awareness camp was held at Mubarak for women of all ages. The session focused on advocating for practicing healthy and nutritional eating habits and improving maternal health.





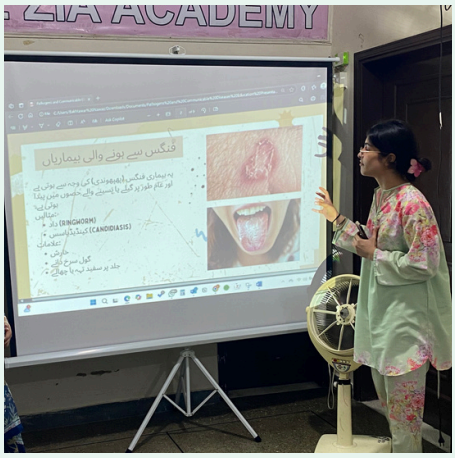


HYGIENE & SKIN INFECTION AWARENESS CAMP

Dar ul Uloom Orphanage for Girls

Humanity Initiative conducted an education camp on skin infections and hygiene at Dar ul Uloom Orphanage for Girls, aimed at empowering young girls with essential health knowledge. The session focused on personal hygiene, menstrual health proper handwashing techniques, and addressing common misconceptions around disease prevention. Through interactive discussions and engaging activities, the girls gained practical understanding and confidence, fostering healthier habits and a lasting impact on their daily lives.









General checkups



Menstrual Health Awareness



Counselling on disease spread



ORAL CANCER AWARENESS CAMP

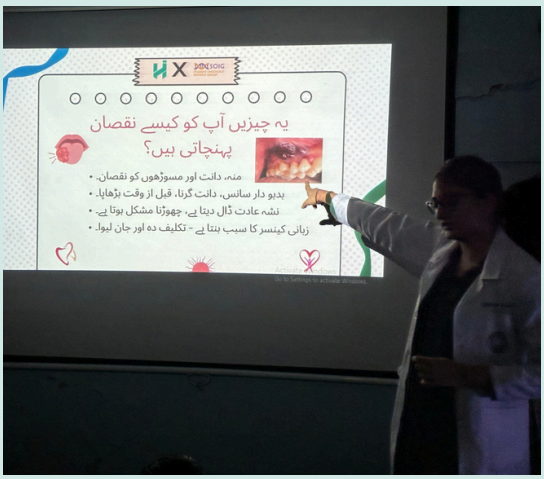
SOIG, in collaboration with Humanity Initiative, conducted an Oral Cancer Awareness Camp at a school in Gizri, reaching over 100 students. Through interactive sessions and engaging discussions, the initiative focused on oral hygiene, early signs of oral cancer, and the importance of healthy lifestyle choices. Led by dedicated volunteers, the camp fostered awareness and understanding, reinforcing how small steps can create lasting impact in disease prevention within communities.

100+
students taught

screening done for oral hygiene







VISION TRUST



Humanity Initiative conducted a health and vision screening camp at Gulshan-e-Hadeed in collaboration with the Sindh Education Foundation, with support from Vision Trust. Over 100 children aged 4 to 12 received medical checkups and eye screenings focused on early detection and overall well-being. Through the efforts of our team and partners, each child received attentive care, reinforcing our commitment to building healthier futures



2000+

students screened





Humanity Initiative conducted a student-led clinic at Mubarak Village in collaboration with Vision Trust, providing essential medical care to over 100 patients. Led by dedicated student volunteers, the clinic addressed malnutrition, skin infections, and eye-related diseases, ensuring timely treatment and compassionate care. This initiative highlighted the power of youth-led action in strengthening community health and delivering meaningful impact where it is needed most.





50+

referrals given



HEARING AIDS PROJECT

Humanity Initiative, in collaboration with Nixor MBAKH, has successfully raised PKR 200,000 to provide four hearing aid devices to children with hearing impairments at Dewa Academy in Karachi. These were raised in collaboration with Nixor and could not have been dobe without their support. This initiative represents more than the provision of medical equipment; it is a meaningful step toward inclusion, empowerment, and equal opportunity for children who face daily challenges due to hearing loss.

For these children, access to hearing aids is transformative. It allows them to engage more effectively and develop essential language and social skills. By restoring access to sound, we are helping open doors to academic growth, personal development, and future opportunities that might otherwise remain out of reach. This initiative reflects our shared commitment to ensuring that every child, regardless of physical limitations or socioeconomic barriers, has the chance to thrive and reach their full potential.



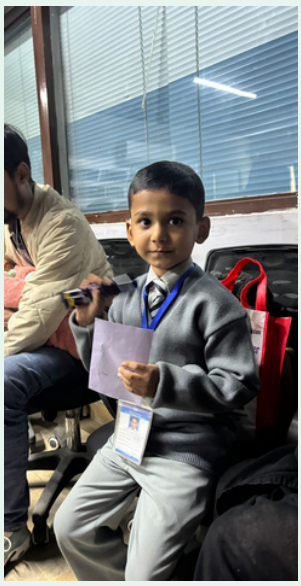


4

hearing aids provided

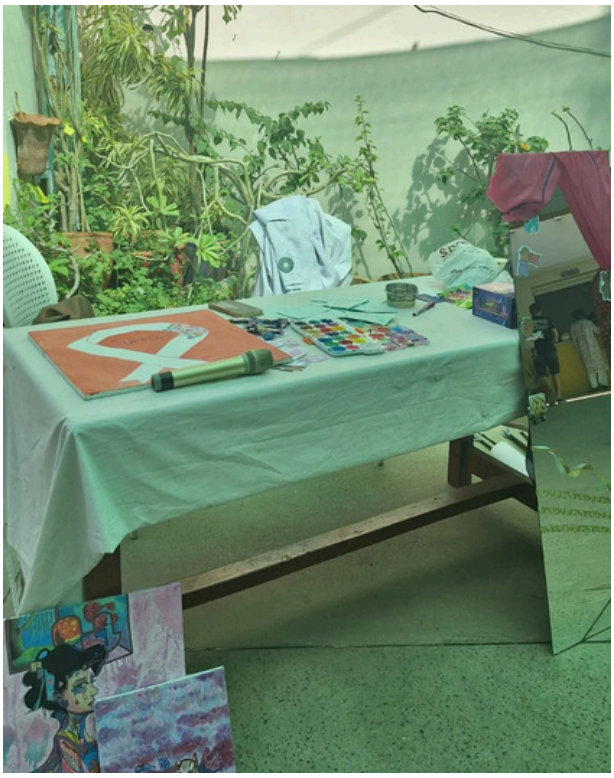








PINKTOBER AWARENESS



On 19th October, a breast cancer awareness activity was held at the Farmers Market as part of Breast Cancer Awareness Month. The initiative focused on highlighting the importance of early detection and community support, while also collecting donations for the cause. A total of Rs. 5,450 was raised in cash through the generosity of visitors. HI set up a stall with a variety of stickers, mugs and keychains designed by our volunteers at the Farmers Market, which were loved and greatly appreciated by everyone who came.





CREATIVE FUNDRAISERS AND CHARITY SCREENINGS



Creative fundraisers and charity screenings served as key avenues for student engagement and resource mobilisation. Open Mic Nights and the “Between the Lines” series generated funds directed toward student-led clinics and medicaloutreach initiatives. Charity screenings conducted at Kitab Ghar, Karachi, further supported medical aid and humanitarian relief efforts.

In total, these initiatives raised **PKR 71, 300** reinforcing Humanity Initiative’s commitment to impact-driven and community-centered service delivery.



FUNDRAISER STALLS



18K

profit from snow cones



30K

profit from hot chocolate



The Student Lounge buzzed with excitement as students lined up for **Humanity Initiative’s (HI) fundraiser**, indulging in steaming **hot chocolate** and refreshing **snow cones**. Laughter, chatter, and the clinking of cups filled the air as friends gathered to enjoy their treats. With 30 000 raised from hot chocolate and 18 000 from snow cones, the event was a fantastic success. More than just a tasty break, every purchase helped support HI’s mission, turning sweet moments into meaningful impact. Thank you to everyone who made it happen!

CLOTHING DRIVE 2025







The Clothing Drive mobilized students across hostels and shared campus spaces to collect wearable clothing for redistribution to underserved populations. Donations were gathered, sorted, and prepared for community distribution, reinforcing a culture of reuse, responsibility, and student-led service.

200
clothes donated

35+
families helped



SAHARA VILLAGE IFTAR

Humanity Initiative's second **Community Iftar at Sahara Old Village** was held on March 16, 2025. The event brought together community members in a spirit of compassion, unity, and shared purpose during the holy month of Ramadan. Volunteers worked collectively to distribute meals and create a welcoming space for families to break their fast together, reinforcing the values of service, empathy, and social responsibility at the heart of the initiative. Chocolates were distributed amongst activities like ludo games, singing, and putting henna on. This helped create a livelier spirit for the occasion .







RAMADAN DASTARKHWAN



On March 14th, Humanity Initiative partnered with Sindhunamah in Karachi to support a community Dastarkhuwan as part of their Ramadan Iftar Drive. Approximately 80–90 people were served Iftar, bringing together members of the local community to share a warm meal in a spirit of compassion.

At another drive held at Dastarkhuwan at Sahara Village, 80 residents were served Iftar.

These initiatives are part of Humanity Initiative's mission to support underserved communities not only during Ramadan but throughout the year through medical camps, healthcare outreach programs and more.

EID-UL-FITR DRIVE

In March 2025, Humanity Initiative organized an Eid-ul-Fitr Gift Drive in collaboration with Sirat-ul-Jannah Orphanage to spread joy among children in need. Through donations of books, toys, and monetary contributions, donors helped make Eid a more meaningful and celebratory occasion for the children.







Alongside the festivities, children also participated in educational tasks such as a hands on introduction to AI and hygiene awareness activities. The drive highlighted the power of community support, showing how even small contributions can create lasting happiness.

Funds raised beyond the drive's goal were directed toward conducting medical camps in underserved areas, extending the impact beyond Eid.

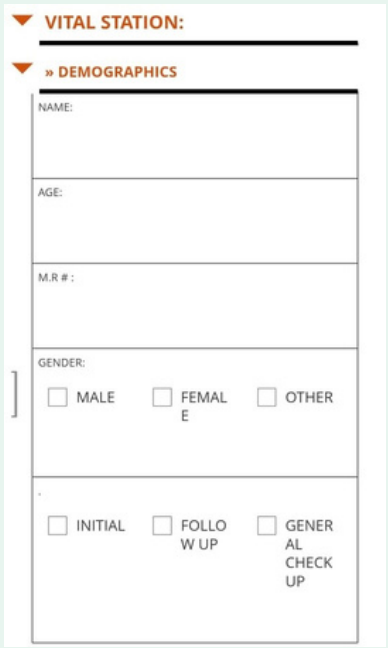


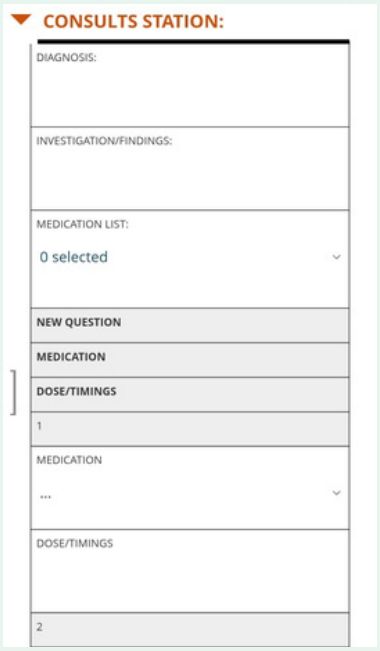


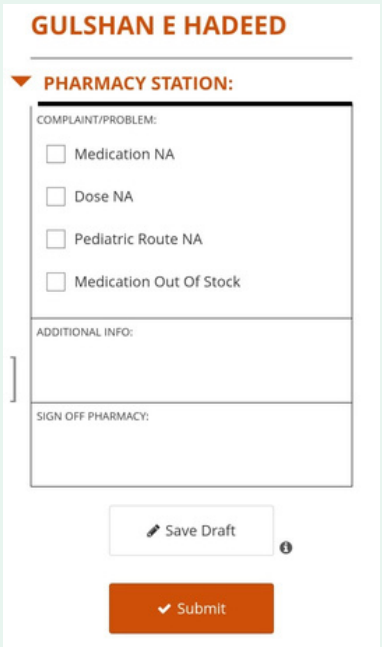


ELECTRONIC MEDICAL RECORDS

Today, our EMR system has transformed the way we operate.
Patient data is now recorded in real-time, organized efficiently, and easily accessible for follow-ups and reporting. Referrals are better tracked, data is cleaner and more structured, and the entire process is faster and more reliable. What once took hours of post-camp effort can now be managed seamlessly during the camp itself.
In the start medical camps looked something like stacks of forms, hurried handwriting, misplaced files, and hours spent later trying to organize, interpret, and report the data collected. Patient histories were difficult to track, referrals were often mismanaged, and compiling data for analysis or follow-up felt overwhelming. We knew something had to change, and hence came the idea of digitalising the entire process.







Digital forms were successfully implemented, enabling efficient data extraction and analysis to assess demographic variables and presenting complaints. This systematic approach provided valuable insights into the population's characteristics, highlighting prevalent health concerns and guiding targeted interventions for improved community healthcare.

For months, our team explored different applications and digital platforms, searching for something that could meet the unique demands of field-based medical camps. Most solutions were either too complex, too expensive, or simply not designed for the realities we faced on the ground.

Using KoboToolbox, our team designed and developed a customized Electronic Medical Record (EMR) system tailored specifically for our camps. It wasn't just about going digital—it was about reimagining how care could be delivered.

The transition wasn't simple. There was a steep learning curve. Volunteers had to be trained, workflows had to be redesigned, and the team had to adapt to an entirely new way of working. But with persistence and collaboration, the system came to life. Digital forms were successfully implemented, enabling efficient data extraction and analysis to assess demographic variables and presenting complaints. This systematic approach provided valuable insights into the population's characteristics, highlighting prevalent health concerns and guiding targeted interventions for improved community healthcare. Moreover it helped continuity of care by making it easy to systematically follow up on patients.



REFERRAL SYSTEM

Humanity Initiatives is currently developing a specialised referral system to strengthen continuity of care for patients. This system establishes a streamlined pipeline that connects patients seen at general camps with appropriate specialized physicians. By formalizing the referral process, we ensure that patients receive follow-up care beyond the initial consultation. This initiative bridges the gap between primary outreach services and long-term, specialized medical support.

RESEARCH & DEVELOPMENT CALENDAR

As part of our commitment to evidence-based growth, we developed a unified Research & Development calendar that consolidates data from all wings of Humanity Initiatives. This calendar systematically tracks key metrics such as patients served, funds raised, and events conducted across the year. By centralizing this information, we are able to clearly measure our impact and identify trends in our work. The R&D calendar also serves as a powerful tool for effective planning and strengthens our ability to pitch effectively for funding and partnerships.

PHARMACEUTICAL PARTNERSHIPS

To enhance sustainability and expand access to care, Humanity Initiative has secured partnerships with local pharmacies such as Nabiqqasim Industries and ZAFA pharmaceuticals. Through this collaboration, near-expiry medications are redirected to student-led clinics and provided to patients in need. This approach ensures essential medicines are utilized effectively rather than wasted. Additionally, the partnerships significantly reduce operational costs, allowing resources to be allocated to other high-impact areas.





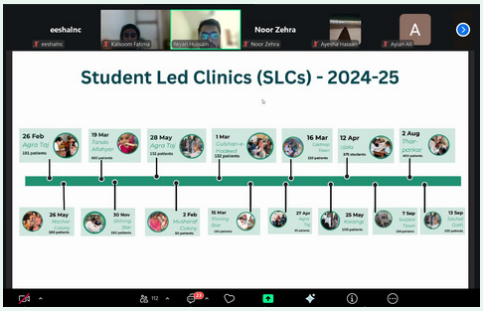


HUMANITY INITIATIVE INTERNSHIP

In January 2026, Humanity Initiative hosted a two-week internship that immersed its 130+ participants in the multidisciplinary nature of community health and outreach, while raising PKR 344,000 to support HI's ongoing initiatives. Through a blend of interactive sessions on public health topics and skill-based workshops, interns developed both the technical knowledge and practical competencies required for effective fieldwork.

Discussions on disease prevention and public-health priorities took shape through sessions on family planning conducted in collaboration with Greenstar and on oral cancer with Hasool-e-Sehat, which encouraged participants to consider how social contexts influence health behaviors. Workshops conducted on 'AI and its uses in academia', as well as those conducted in collaboration with the Society for Promoting Innovation in Education (SPIE), also gave participants insight into practical ways emerging technologies can support learning.

Mental health was also explored in collaboration with Synapse where music as a therapeutic tool prompted reflection on emotional well-being and holistic care, while a sign language workshop



Introductory Session



Family Planning Session with Greenstar


Session on Mental Health: Music as a Therapeutic Tool


Sign Language Workshop with Deaf Reach

130+
interns

PKR 344,000
raised for our operations

with Deaf Reach built practical skills for inclusive communication. Creativity and public engagement were further fostered with a creative writing session at Kitab Ghar and a poster-making competition, allowing participants to learn how to communicate health messages in clear, engaging ways.

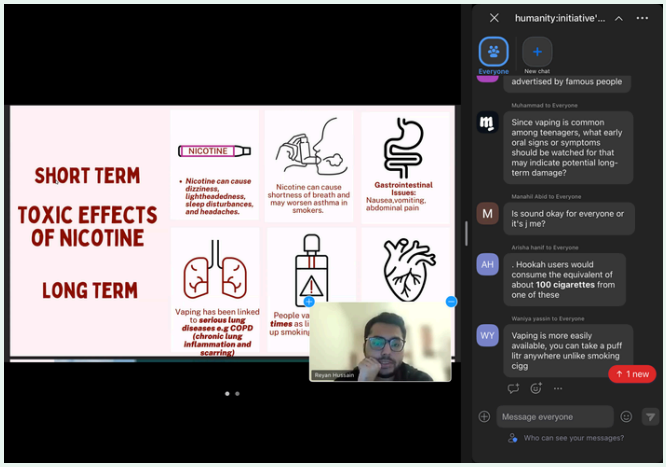
A central component of the program was the Mock Education Camp, where participants translated theory into practice by designing culturally sensitive health education interventions tailored to real community scenarios. Working in teams, they created pitch presentations on themes including hygiene, infectious disease prevention and women's health, focusing on feasibility and sustainable behavior change.

The internship also placed strong emphasis on operational learning through the Mock Student-Led Clinic (SLC) simulation, which walked participants through the full planning cycle of a community camp. Interns planned logistics and medicine procurement within a fixed budget and developed R&D data collection for their post-camp analysis.

By combining knowledge sessions with realistic simulations, the internship equipped participants with a holistic understanding of how community programs are conceptualized, planned, and evaluated. This hands-on experience not only strengthened participants' leadership and public-health skills but also contributed to building a more capable cohort prepared to deliver meaningful, community-centered healthcare initiatives.



Creative Writing Workshop



Session on Oral Cancer Awareness


PINKDETECT
YOUR BREAST HEALTH ALLY


SMILES


Sindhu Namah


DOW UNIVERSITY OF HEALTH SCIENCES
D.U.H.S


AKU
EXPLORER'S CLUB
EXPLORE MORE DISCOVER MORE


SOIG
STUDENT ONCOLOGY
INTEREST GROUP


AGA KHAN UNIVERSITY MEDICAL STUDENTS ORGANIZATION FOR PATIENTS WELFARE


WARWICK
PAKISTANI SOCIETY


By The People For the People
کتاب گھر
لاہور


Sindh Education Foundation
Government of Sindh




PHARMA


SPIE


SpringWell360
Advancing health equity, bridging gaps


ORAL, HEAD & NECK CANCER
Husool-e-Sehat
AWARENESS MOVEMENT
EST. 2023


Deaf Reach
Schools | Training Centers | Colleges


عائشہ اسلامک اکیڈمی


عورت
مارچ
ہم عورتیں


MBAKH


صراط الجنۃ قرآن اکیڈمی

Thank you,

to our donors and partners whose generous contributions are the lifeblood of our organization, allowing us to continue providing vital medical services to underserved communities in Pakistan.

Our successful outreach programs, medical & educational camps, would not have been possible without your belief in our mission and your willingness to invest in the health of our people.

We encourage you to share this newsletter with your friends and family, helping us spread awareness about the critical work we do and inspire even more support

Once again, from the bottom of our hearts, thank you for your generosity. Your compassion and dedication fuel our commitment to making a difference in the lives of those in need.

With sincere appreciation,

Ali Azan, Fariz Ali & Iman Bajwa
Presidentlal Council



